

YOUR END OF LIFE DOULA™



a Doulagivers™ Company

What is an End of Life Doula?

An end of life doula is someone who coaches the patient and family through end of life. We provide non-medical assistance and often times work alongside hospice professionals and home care aides. We fill in the gaps that others are unable to provide.

What Services do we Offer?

Aging Life Care Consultant: *Designed for those who are well but want to get a handle on their affairs and make sure all is in order in their lives.*

- Meeting #1: 2-Hour Meeting: Start planning with families, become familiar with advance directives.
- Meeting #2: 2-Hour Meeting: Review of bank accounts, passwords, deed to the house, all financial documents; we assist you with organizing all your paperwork so you have peace of mind. Additional meetings as needed.

Level 3 End of Life Certified Doula: *Designed for patients with a terminal diagnosis and for their family.*

- Phase 1: A certified doula will meet with you upon diagnosis to assist you with gathering information, accompany you to doctor's appointments, take notes, guidance.
- Phase 2: A certified doula works with the patient and family to help lower stress levels, get affairs and finances in order, offer support, facilitate family meetings, create memories, interview home care and hospice agencies, life reviews, funeral arrangements, make amends.
- Phase 3: We help identify the final stage of life and educate the family on what that means. Our certified doulas are available round the clock to assist in addition to hospice. Our doulas are RNs, LPNs, and other healthcare professionals.

Why do you Need an End of Life Doula or Care Consultant?

People with life limiting illnesses are afraid of the following things: (1) being a burden to their family; (2) being in pain; and (3) feeling helpless and out of control. While hospice manages the care, families are expected to provide the care. Oftentimes, the family is overwhelmed and scared to administer medications and provide end of life care. This is where our doulas come in. We are there to walk side by side with you, to guide and assist you as you provide the care or hire a professional caregiver to care for your loved one. We make sure you know what is occurring with the patient, and we are available on a round the clock basis when needed. Helping you assemble your paperwork early on makes the end of life process that much easier and simpler for you and your family.

Call us today for more information at (203) 689-7004.



Doulagivers

All our Doulas are certified through Doulagivers™ of NYC



Comfort Keepers
a sodexo brand



An affiliate of Comfort Keepers of Guilford, CT

722 Village Walk, Guilford, CT 06437 (203) 689-7004 • yourendoflifedoula.com • info@yourendoflifedoula.com